**Report of the Seminar**

The NSS unit of Doaba College Jalandhar organized an enlightening seminar on 25th November, 2024 that focused on two pertinent themes: The Role of Women in Indian Society and Environmental Conservation. The event was held in the college conference hall and witnessed enthusiastic participation from students and faculty.

The program commenced with a warm welcome by the NSS coordinator Dr. Arshdeep Singh, followed by an introductory speech by the Principal Dr. Pardeep Bhandari, who emphasized the relevance of the topics in today’s socio-cultural and ecological context.

**First Lecture: Role of Women in Indian Society**

The first session was conducted by Prof. Ira Sharma, Head Department of English. Prof. Ira Sharma delved into the evolving role of women in Indian society, tracing it from traditional settings to the modern era. She highlighted the achievements of Indian women in various fields; including politics, education, science, and sports, while addressing the persistent challenges like gender inequality and societal stereotypes.

Prof. Sharma encouraged the audience to support initiatives aimed at empowering women through education and skill development. Her thought-provoking address resonated deeply with students, especially female attendees, inspiring them to contribute towards building an inclusive society.

**Second Lecture: Environmental Conservation**

The second session was led by Dr. Ashwani Kumar, Head Department of Zoology and Coordinator of Eco Club. Dr. Ashwani Kumar delivered an engaging lecture on the pressing need for environmental conservation in the face of climate change and urbanization.

He discussed practical steps to mitigate environmental degradation, such as reducing waste, promoting afforestation, and adopting sustainable practices. Dr. Kumar also highlighted the role of youth in driving change and emphasized the importance of individual responsibility in preserving natural resources.

The seminar concluded with a vote of thanks delivered by Dr. Arshdeep Singh, expressing gratitude to the speakers for their enlightening talks and to the audience for their active participation. Attendees left the seminar with a deeper understanding of the critical issues discussed and a renewed motivation to contribute positively to society and the environment.

The event was a great success, reinforcing the NSS unit's mission to foster awareness and social responsibility among students.